



MENU

GREEN GODDESS SALAD

Poached shredded chicken OR crispy chickpeas, mixed leaf, ice berg lettuce, cabbage, cucumber, radish (non org), carrots, feta served with an avocado green dressing (gf)

MISO EGGPLANT

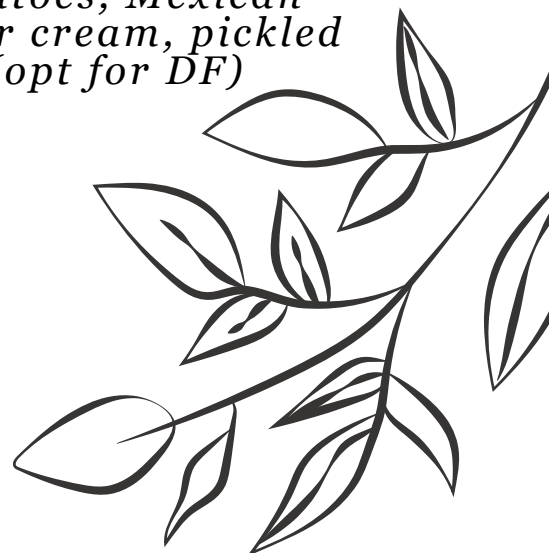
Baked and glazed miso eggplant served with brown rice, avocado, broccolini, sesame seeds, sunflower seeds and pickled ginger (df, gf)

BEEF LASAGNE

*Beef, nitrate free bacon, and veggies cooked in tomatoes, herbs, layers of gf lasagne sheets, white sauce, cheddar served with mixed leaf salad (gf)
(Menu favourite)*

BEEF CHILLI

*Slow cooked shredded beef, broth, tomatoes, Mexican spices, chilli, kidney beans, cheddar, sour cream, pickled onion and a side of corn chips (GF) (opt for DF)
(Jess' FAVE)*





MENU

JAPANESE BOWL

*Crumbed Chicken or crispy tofu, shredded cabbage, pickled ginger, pickled cucumber, avocado served with rice, a side of teriyaki sauce and mayo (gf, df)
low carb opt no rice (NEW)*

CHOW MEIN

*Chicken OR tofu stir fry with low carb edamame noodles with chow mein sauce, curry powder, carrot, cabbage, asian greens and bean sprouts (non org)
(gf, df)*

SALMON PATTIES (3)

*Wild Alaskan salmon, quinoa, herbs, sweet potato patties, mixed leaf salad, house made sweet chilli sauce
(gf,df)*

VODKA PASTA

*Prawn OR eggplant rigatoni pasta cooked in a rich tomato, vodka and cream sauce with garlic, chilli, basil served with parmesan on top (NEW)
(gf)*

ORGANICCHOCCHIP
BANANABREAD

CARROT CAKE BLISS BALL(4)

CACAO BLISS BALL(4)

RAWCAMELCUP(3))


THE
NOURISHING
POINT

